



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			10am Smartphone Support 11am Computer 101** 1pm PGAF Seniors Lunch \$7 		Seniors Wellness Fair 9:30am – 2:30pm 	
5	6	7	8	9	10	11
 1130am Second Harvest  1pm Stitches Club 2pm Seniors Exercise 3pm Seniors Exercise 3pm Computer 101**	10am ESL Lessons** 11am Arts & Crafts 12pm Seniors Exercise 230pm Bingo 330pm Karaoke & Dance 	10am Smartphone Support 11am Computer 101** 130pm Movie Screening 	11am Falls Prevention Brain Boost (formerly Zumba) 1230pm Seniors Exercise  			
12	13	14	15	16	17	18
 1130am Second Harvest  1pm Stitches Club 2pm Seniors Exercise 3pm Seniors Exercise 3pm Computer 101**	10am ESL Lessons** 11am Arts & Crafts 12pm Seniors Exercise 230pm Bingo 330pm Karaoke & Dance 	10am Smartphone Support 11am Computer 101** 1pm PGAF Seniors Lunch \$7 	11am Chair Yoga 1230pm Seniors Exercise  			
19	20	21	22	23	24	25
 1130am Second Harvest  1pm Stitches Club 2pm Seniors Exercise 3pm Seniors Exercise 3pm Computer 101**	10am ESL Lessons** 11am Arts & Crafts 12pm Seniors Exercise 230pm Bingo 330pm Karaoke & Dance 	10am Smartphone Support 11am Computer 101** 130pm Movie Screening 	11am Falls Prevention Brain Boost (formerly Zumba) 1230pm Seniors Exercise  			
26	27	28	29	30		
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****Pre-registration is required to attend Computer 101 & ESL Lessons**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			 10am Second Harvest Distribution 1pm Seniors Exercise 2pm Stitches Club 3pm Computer 101**	 	Location Closed – Seniors Wellness Fair @ 55 Rankin Cr. 10am – 2:30pm	
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			 10am Second Harvest Distribution 1pm Seniors Exercise 2pm Stitches Club 3pm Computer 101**	 	10am ESL Lessons** 11am Karaoke & Dance  1pm Falls Prevention Brain Boost 2pm Bingo  3pm Computer 101**	
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