



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					1230pm Seniors Exercise 	
3	4	5	6	7	8	9
 Second Harvest  1pm Stitches Club 2pm Seniors Exercise 3pm Seniors Exercise 3pm Computer 101**		<b>10am ESL Gingerbread House Decorating**</b> 11am Arts & Crafts 12pm Seniors Exercise  230pm Bingo	10am Smartphone Support & Coffee Time Games 11am Computer 101** <b>1pm PGAF Seniors Lunch \$7</b> 		11am Falls Prevention Brain Boost (formerly Zumba) 1230pm Seniors Exercise  	
10	11	12	13	14	15	16
 Second Harvest  1pm Stitches Club 2pm Seniors Exercise 3pm Seniors Exercise 3pm Computer 101**		10am ESL Lessons** <b>11am Cookie Decorating</b> 12pm Seniors Exercise 230pm Bingo 330pm Karaoke & Dance	<b>12pm Holiday Party &amp; Stitches Club Craft Exhibition</b> 		11am Chair Yoga 1230pm Seniors Exercise  	
17	18	19	20	21	22	23
 Second Harvest  1pm Stitches Club 2pm Seniors Exercise 3pm Seniors Exercise 3pm Computer 101**		10am ESL Lessons** 11am Arts & Crafts  12pm Seniors Exercise <b>230pm Christmas Bingo &amp; Photoshoot</b>	10am Smartphone Support & Coffee Time Games 11am Computer 101** 		11am Falls Prevention Brain Boost (formerly Zumba) 1230pm Seniors Exercise  	
24	25	26	27	28	29	30
	<b>Christmas Day Centre Closed</b>	<b>Boxing Day Centre Closed</b>	<b>Centre Closed</b>	<b>Centre Closed</b>	<b>Centre Closed</b>	

\*\*Pre-registration is required to attend Computer 101 and ESL Lessons



